

Preparing for
Self-Account for Student
Learning Profile (SLP) &
Additional Information
for JUPAS Application



Potential Readers of Self Account (for SLP)

Self Account

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graph TD; SA[Self Account] --- LUJ[Local Universities via JUPAS]; SA --- PSI[Post-secondary institutes]; SA --- EMP[Employers]; SA --- UOHK[Universities Outside HK];
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**Local
Universities via
JUPAS**

**Post-secondary
institutes**

Employers

**Universities
Outside HK**

Potential Readers of Additional Information



Local Universities via JUPAS

Writing Purpose of Self Account & Additional Information

- to provide additional information of your career aspirations
- to provide qualitative information on your competencies, interests, specialties, achievements and personality

Writing Purpose

Self Account

- to impress the readers:

- local universities

- post-secondary institutes

- universities outside HK (e.g. Mainland China, Taiwan)

- employers

Additional Information

- to impress **university admission officers** that you are an **appropriate candidate**

Self Account

- ◆ **Chinese**
- ◆ **1000-1200 words**

Additional Information

- **English**
- **Not more than 500 words**

Self Account + **Additional Information**

- ◆ **Formal**
- ◆ **Positive**

Content

Self Account

Additional information

focuses the experiences, interests, strengths, personal qualities why you are a good candidate to the universities.

Content

Self Account

Additional information

- The qualities, strengths, etc. you mentioned in the ‘additional information’ should match with the requirements of your targeted institutions /field of studies

- can be a summary highlight of the Self Account

Content

Self Account

Additional information

- ❑ you can write similar content in ‘Self-account’ and ‘Additional Information’.
- ❑ you can write a longer version as your ‘Self-account’ and then polish or refine it to your ‘Additional Information’ for the universities.

Ideas

Self Account

Additional information

- 可描述印象深刻的生活 / 學習經歷，表現出有關經歷如何培養 / 影響其個人成長及人生目標或對自己有何得著，並附上例證說明
- 可述說其訂定人生目標的故事，如何影響其對職業的期望及全人發展
- 表現出持續性的質化提升，如同學在興趣方面的持續性
- 表現出個人經驗及鮮明的特質
- 可描述自己的學術 / 非學術方面顯赫 / 令人印象深刻的成就
- 表現出個人強項及有關經驗 / 活動 / 興趣的投入
- 盡量表現真實的自己

Ideas

Self Account

Additional information

Illustrations of your potential, targets or career aspirations by writing about your:

- ❑ hobbies, interests
- ❑ projects you have completed
- ❑ particular duties and responsibilities
- ❑ achievement(s)
- ❑ major life events that you believe have changed you
- ❑ challenges and personal hurdles you have overcome
- ❑ life events that motivate you to apply for a particular course of education

Ideas

Self Account

Additional information

- the person/people who influence, prepare, or motivate you to pursue a particular profession
- particular personality traits (e.g. industry and perseverance, initiative, sense of responsibility, sociability, love and care, cooperation with others, etc.), work habits, attitudes or abilities (e.g. academic potential, power of analysis, independence of mind, creativity, leadership, communication skills, logical thinking ability, problem-solving ability, etc.) that you have developed which will insure your success in school or in a profession

Ideas

Self Account

Additional information

- various leadership training and experiential learning
- some academic and career-related experiences (including work-related experiences)
- Other Learning Experiences (including voluntary services and various extra-curricular activities)

Ideas

Self Account

Additional information

- Background which nurtures your interest in a specific programme/area or changes your attitude in life or your personality(from negative to positive) or ability. It is desirable for you to present a reasonable background (e.g. after joining some activities, meeting some people who changed your mind, after having some experiences – good or bad, etc), which results in your interest in a specific programme/ area, e.g. I worked as an intern in a business company last year and since then I have discovered my interest in business;

Ideas

Self Account

Additional information

- How the activities you joined/ responsibilities you took up/your hobbies and interests/ experience relate to the chosen discipline or career plan
- Your expectations of tertiary education. Your career expectations.

Attention to pay

Self Account

Additional information

■ 情真意真：

➔ 要有說服力，言詞必須懇切，切忌浮泛不實、陳腔濫調。事實勝於雄辯，透過具體的事實以取信別人。

■ **Elaboration is needed. Give evidence to support your interests and abilities.**

Organization of Self Account & Additional information

Introduction

- the most crucial part of your entire essay →
catch the eyes of the reader
- keep it short but attractive

Organization of Self Account & Additional information

■ 緩急輕重

- 哪一點是賣點，找出最吸引人的長處。
- 較重要的先行，較次要的後行。
- 較重要的長寫，較次要的略寫。

Organization of Self Account & Additional information

Main Body

- should consist of events, experiences and activities you have selected for illustration of your experiences and targets.
- Always provide evidence: it is more convincing to write “take the lead of a 50-member voluntary team, we learnt through.....” to show your leadership than just mentioning “I am a good leader.”
- Be specific and detailed: each paragraph should have a separate theme, and be developed within and throughout the paragraph.

Organization of Self Account & Additional information

Conclusion

- be clear, straight-forward, and end with an impressive remark

沒有特殊經驗便沒有甚麼可寫嗎？



- **學習的經歷**
 - 上課
 - 參加學習活動
- **與人交往的經歷**
 - 與朋友、老師的相處
- **課外活動的經歷**
 - 從活動中得到的體驗



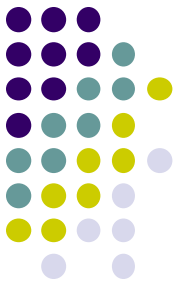
好學生的特質

- 有明確目標
- 有強烈的危機感
- 能鍥而不捨
- 態度積極
- 好學好問
- 專心致志
- 積極自信
- 其他.....



學習能力

- 記憶力
- 邏輯思維能力
- 形象思維能力
- 創造性思維能力
- 其他.....

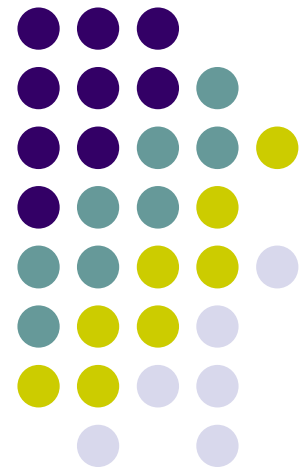


Additional Information

- [Sample 1](#)
- [Sample 2](#)

美文共賞

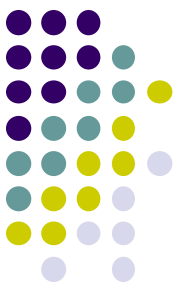
學生自述示例





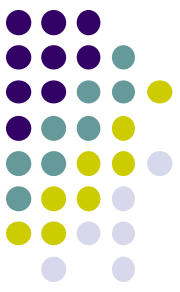
引子1

- 轉眼間，三年的高中生活快要畫上句號，我的人生將會踏入另一個階段。不論未來會否滿途荊棘，但我還是會貫徹始終，努力不懈，以實現夢想。
- 點出回顧三年高中生活
- 展現堅毅、勇敢



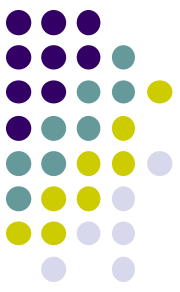
引子2

- 「沒有一條路是通往成功的未來，只有努力奔跑後它才會出現。」在中學的生涯中，我經歷了不少愉快、失落、滿足的時刻，而這種種的經歷為我的未來鋪出了一條通往成功的路。
- 以哲語起句
- 點出回顧三年高中生活
- 上文未能凸出重點：長處或優點



正文1

- 總分總結構
- 引文宜為下文樹立結構
- 下文宜按上文的結構加以分述
 - 引子1
 - 不論未來會否滿途荊棘，但我還是會貫徹始終，努力不懈，以實現夢想。
 - 正文1
 - 宜陳述事例以說明引子所點出的優點 / 長處



正文1

- 為了豐富自己的內涵，我也必先自我增值。我很幸運，因為父母給予我接觸音樂的機會。我自七歲開始學習鋼琴，堅持了十年，終於考獲英國皇家音樂八級鋼琴試，亦培養了我對音樂的熱誠。直到現在，我還是不斷磨練自己的琴技，挑戰不同的曲目，以達致更高的境界。因為學無止境，只有不斷嘗試，才會進步，社會亦是因此而得到革新。
- **透過學琴經歷點出堅毅**



正文2

- 領袖生的工作更讓我了解到責任心的重要性。有責任心，才能把自己的工作妥善完成，而不會影響到別人。在學校開放日工作的時候，這個感覺最為強烈。開放日的時候，……就連吃午餐也是匆匆解決我負責的工作是帶領來賓遊覽校園……一個時段緊接著另一個……幸好，我最後能勝任這些工作，順利交接……因此我以後不單在領袖生的工作範疇上如是，在其他方面的工作上，亦時刻提醒自己要有責任心，做好本份。
- 藉擔當領袖生的工作點出自己認同責任心的重要性亦即說明自己是一個有責任心的人。

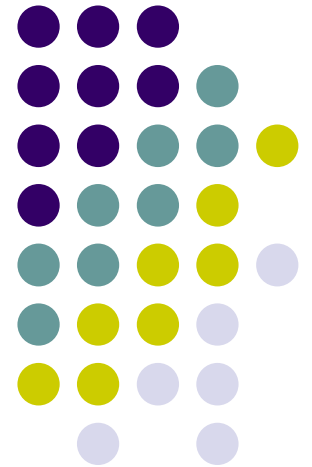


結段1

- 中學的生活多姿多彩，我在當中所學到的、所感受到的，遠非筆墨所能表達。展望將來，有更漫長的人生道路在等候著我，理想也待我去實現。希望未來能把握好升學的機會，在另一個空間、另一個舞台上繼續發掘自己的潛能，展我所長。
- 總結上文，並展望未來以重申自己的目標
- (在大學發揮所長 / 在人生路上發光發熱)。

美文共賞

學生自述示例



Preparation before writing the Self Account and the Additional Information

- ◆ **Visit your track records in academic and non-academic aspects, including:**
 - collection of reports,
 - certificates,
 - portfolio, and
 - Even journals or articles you wrote for some memorable events / critical incidences (e.g. an article you wrote for the school magazine or experience in an inter-school competition).

Basic technique of Isolating and Focusing

- ◆ Arrange your record in chronological order.
- ◆ Does your record show your achievement, improvement or growth in specific areas?
- ◆ If so, select those materials and evidences that carry this weight of influence.

2. Do a good research on your choice of profession/programmes. You are advised to read carefully the programme requirements of the universities. Ask yourself: What qualities does the specific programme look for?
3. Select, think and reflect on your strengths and weaknesses. You are strongly advised to carefully select the activities/experiences related to your career aspirations/ the programme requirements.
4. Match your qualities and the qualities the specific programme looks for.

- JUPAS website

www.jupas.edu.hk

- Visit the website of the programmes provided by universities in Hong Kong:

<https://www.jupas.edu.hk/tc/programmes-offered/by-funding-category/>

Review and Revise

◆ Analyze your essay line by line and make sure that the general theme is followed through.

◆ Some other tips include:

1. Eliminate redundancy

2. Look for consistency

3. Provide evidence rather than a mere conclusive remark like “I am hardworking”

4. Proofread carefully to avoid careless mistakes

5. Invite comments and even criticism from support partners: your friends, teachers and parents.

STRATEGIES

例一：看看這篇自述文章，有什麼問題？

- I am **interested in engineering**. Maybe **my result is not very good in public exam**, (沒有自信的表現) but I have **great interest in engineering**(重複) and **I know I will be an engineer in future**. 怎知道可以你能成為工程師？
- I have studies Computer Studies, Physics and Pure Maths. (這些資料早已填報，不用在此報告) So the logical thinking of mine has been developed during form 4 to form 6's period... (欠具體，如何學懂邏輯思維？應舉例說明！)
- In my school, I have joined many outer school competitions such as Computer Program Design competition and **Thinking and Art subject**. 這是錯的名稱，顯示學生草率，沒查證清楚！ And I worked as a **committeeman** 錯字 of one of Houses in my school... From all the above competitions, I have acquired the **responsibility, leadership, solving the problems with a clear mind independently** 只有形容詞，欠實例舉證 and how to operate with others well and sportsmanship also. These provide my confidence on studying engineering and getting a degree in it.
- 大學負責收生者批評：整體是一篇欠認真的自述！

Hello everyone, my name is

Suddenly I grow up from form 1 to form 6.

When I am growing up in these 6 years, I learn more and more in many things. Like studies, sport and the most important thing that I learn I think is morality, and calm. Maybe the pressure that I'm facing in this year let me learn these things. Sometimes I will yearn the little me 6 year ago.

When I was ⁱⁿ form 1, I was not used in Secondary School because I suddenly being the smallest student in the school. But I was an approachable person. In a few time, I had a good contact with most classmate because of this advantage. And I had been the monitor in my class by the vote of the classmate. And I had been the monitor for 3 year. My new schooldays began.

When I was form 2, I had I little bit lazy in my work. My result and morality were fell. My parent start to worry about me. Besides, I had fought my interest, and join the basketball team and badminton team in our school. And I had joined the competition of these two sports for school. In the school sport day, I had gotten the champion of 400M run and the third place in high jump.

In form 3, I've try my best to the result. So that finally, I've chosen the subject that I would like to study.

When I was in the high form, I've decided to go for my dream, getting in the university and study hotel management. I want to study this subject because I think I am a person that likes to communicate with the other and I enjoy this subject that not only sit on the classroom and learn things inflexibly.

And I will try my best to secede to this goal.

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Tseung Kwan O Government Secondary School



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Scholarships

Student Association

Career & Life Planning ▶

Houses >

Recharging Your Soul

Student Works

S1-S3 >

S4-S6 ▶

Links

2021-2022 Workshop Information

Self Account and Additional Information for JUPAS application

JUPAS Joint University Programmes Admissions System

E-APP

Vocational Training Council (VTC)

Guidelines for writing Self Account and Additional Information for JUPAS application

 How to write

 Useful English Expressions

Samples of Self Account

 Sample 1

 Sample 2

 Sample 3

 Sample 4

 Sample 5

 Sample 6

 Sample 7

 Sample 8

Samples of Additional Information for JUPAS application

 General

 Design Studies

 Hotel Management

THANK YOU

